

COX WOOD

Activity Instructions

5-a-side football

Equipment

2 nets on the field for free use

1 ball (or bring your own)

Check equipment against this at the start and end of your session and report anything missing or broken.



Leader requirements:

One competent person must take overall charge of the activity and ensure the equipment is in good order and used in a safe manner.

Guide to use of equipment:

Follow the rules of 5-a-side football

