

Activity Instructions **Wet Sponge Fight**

Equipment

1 dustbin full of sponges

4 buckets

Check equipment against this at the start and end of your session and report anything missing or broken.

Leader requirements:

One competent person must take overall charge of the activity and ensure the equipment is in good order and used in a safe manner.

Guide to use of equipment:

Fill the buckets with water and throw wet sponges at each other.

This requires our own imagination to create the scene and rules for the game. You could build a castle from pallets and let one team defend it while the other attacks. Players could be 'killed' if they are hit by a sponge – will the defenders or the attackers win?

Guide to risk for your risk assessment:

Set out the rules clearly

Define the area of play so you can oversee the game

Sponges are a danger to wild life and must be collected at the end of the game