

# COX WOOD

## Activity Instructions

### Equipment

- 4 crossbows
- 24 sucker darts
- 4 targets
- 1 rope for shooting line

Check equipment against this at the start and end of your session and report anything missing or broken.

### Leader requirements:

One competent person must take overall charge of the activity and ensure the equipment is in good order and used in a safe manner.

### Guide to use of equipment:

Must be used indoors and continuously controlled by the Leader in charge. With everyone in the waiting area the commands are 1) first 4 to the shooting line 2) start shooting 3) Stop Shooting 4) collect darts.

### Guide to risk for your risk assessment:

Keep everyone in the waiting area and allow 4 people to the shooting line at a time. Wait until all darts have been fired before anyone crosses the shooting line to collect the darts.

## Crossbows & sucker darts

